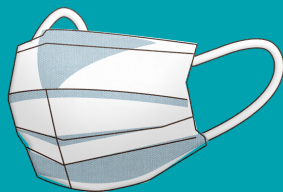


Non-medical Masks and Face Coverings



What kind should I use?

- No design or material is known to be better than others.
- Make sure the mask is made of at least two layers and can be washed without losing shape or deteriorating.
- Don't offer to children under the age of two, or individuals who are unable to wear it, e.g., medical condition, or unable to wear/remove properly.

How to wear

- Clean your hands with soap and water or alcohol-based sanitizer for 20 seconds.
- Make sure the mask fits snugly (no gaps between mask and face) and covers the nose and mouth.
- Avoid touching the front of the mask while wearing it - if you do, clean your hands immediately.
- Do not share your mask with others.

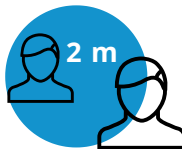
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How to remove and care for

- Do not remove the mask to talk to someone.
- When removing your mask, carefully grasp the straps only and place directly in the laundry.
- If you have to use it again before washing, ensure that the front of the mask folds in on itself to avoid touching the front. Store in its own bag, e.g., paper bag.
- Immediately clean your hands with soap and water or alcohol-based hand sanitizer for 20 seconds.
- Machine wash with hot water and regular detergent.

Remember,

wearing a non-medical mask or face covering alone will not prevent the spread of COVID-19. You must also wash your hands often, practice physical distancing and stay home if you are sick.



be kind. be patient.

We are making a difference together.

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