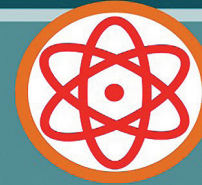


Emergency Preparedness Week

May 1 - May 7

Be Ready for Anything



MANAGING COVID



1

KNOW YOUR RISK

Get the vaccine or booster to protect yourself and others.



2

STAY HOME WHEN ILL

Avoid spreading illness to others.



3

SUPPORT THE VULNERABLE

Be extra careful around the elderly or immunocompromised.



4

FREQUENT HAND WASHING

If soap and water are not available, use alcohol-based hand sanitizer.



5

STAY INFORMED AND CONNECTED

Check credible sources of information and keep in touch virtually with family and friends.

For up-to-date COVID-19 information,
visit
www.hpph.ca
www.ontario.ca

www.huroncounty.ca

Home Emergency Survival Kit

Supplies for Your Family for 72 Hours

- Non-perishable food items.
Canned food such as soups, stews, baked beans, pasta, meat, fish, fruit. Crackers and biscuits, honey, peanut butter, jam
- Manual can opener (bottle opener)
- Bottled water. 4L per person per day. (2 for drinking & 2 for hygiene and washing)
- Crank or battery operated radio
- Flashlight with batteries
- Candles and matches (lighter)
- Family First Aid kit
- Personal hygiene items (toilet paper, feminine products, hand sanitizer, etc.)
- Pocket knife or multi-tool
- Whistle
- Cash (small bills and change)
- Special needs items for babies, pets, elderly (as required)
- Garbage bags and zip-lock bags
- Duct tape
- Copies of important papers (insurance, medications, family contacts, etc.)
- Emergency document holder
- Spare phone or tablet charger

NOTE: Consume and replace water and canned goods annually